GUIDING PATHS COUNSELING
AGENCY: GUIDING PATHS COUNSELING
COUNSELING: Provides substance use and mental health services for teenagers, adults over the age of 18, and family members impacted by addiction and mental health issues. These services include individual, group, family, and couples counseling.

RE-ENTRY MENTAL HEALTH SERVICES
AGENCY: RE-ENTRY MENTAL HEALTH SERVICES
MENTAL HEALTH: Provides diagnostic assessment, individual, group, couples/marital and family therapy, substance abuse counseling, stress management, and psychiatric services.

PSYCH ASSOCIATES OF MARYLAND, COLUMBIA
AGENCY: PSYCH ASSOCIATES OF MARYLAND
OUTPATIENT: Provides outpatient mental health services for adults, children, adolescents, couples and families including counseling, psychiatry and psychological evaluations.

SALT AND LIGHT COUNSELING
AGENCY: SALT AND LIGHT COUNSELING
MENTAL HEALTH COUNSELING: Supports individuals, families, couples, children and adolescents as they seek healing for identity and purpose struggles, loss and grief, difficult relationships, emotional boundaries, while addressing underlying addictions, depression, anxiety, bipolar, or...
TRINITY PASTORAL COUNSELING CENTER

AGENCY: TRINITY PASTORAL COUNSELING CENTER

COUNSELING: Provides individual and couples counseling for people of all faiths. Specializing in relationship, parenting, loss and grief, co-dependency, anxiety, depression, PTSD, abuse of all types as well as faith and life issues. Has therapists trained in EMDR.

WALTER P. CARTER, CARRUTHERS CLINIC

AGENCY: MARYLAND DEPARTMENT OF HEALTH

COUNSELING: Provides psychiatric treatment to adults, children and families with severe and persistent mental illness, dual diagnosis, and/or behavioral difficulties. Includes therapy and a psychiatrist on site. Conditions can include depression, hyperactivity, difficulties adjusting to school, family problems and anxiety. Offers mental health asse...

WOMEN'S GROWTH CENTER, THE

AGENCY: WOMEN'S GROWTH CENTER, THE

COUNSELING: Offers individual therapy, relationship counseling, family therapy, group therapy, and workshops. Serves all of the gender continuum.

WORCESTER COUNTY DEPARTMENT OF SOCIAL SERVICES, SERVICES TO FAMILIES WITH CHILDREN

AGENCY: WORCESTER COUNTY DEPARTMENT OF SOCIAL SERVICES

EMERGENCY ASSISTANCE: Provides emergency cash assistance (grant) to families with children. Assists with court-ordered evictions, foreclosures, utility cut-offs, water bills and burial assistance (up to $650) and may be used only once in a 12 month period. Also available are funds for those...
A RENEWED MIND BEHAVIORAL HEALTH CENTER, COUNSELING

AGENCY: A RENEWED MIND BEHAVIORAL HEALTH CENTER

COUNSELING: Offers general counseling, including family, children, individuals, play therapy, couples and marriage preparation. Also refers individuals to other programs if needed.

AFFILIATED SANTE GROUP, MONTGOMERY COUNTY

AGENCY: AFFILIATED SANTE GROUP

OVERVIEW: Provides outpatient, recovery, peer led and crisis services in several counties in MD. SERVICES: 1) OUTPATIENT: Offers outpatient counseling, psychiatric evaluations, medication management and diagnostic services. 2) COUNSELING: Individual, group, couples and family therapy is provided. In-home support services are offered to through the Sen...

ANXIETY AND STRESS DISORDERS INSTITUTE OF MARYLAND

AGENCY: ANXIETY AND STRESS DISORDERS INSTITUTE OF MARYLAND

COUNSELING: Provides outpatient counseling to children, individual, couples, family and group therapy. Assists individuals with obsessive compulsive disorder, panic disorder, anxiety, including issues related to phobias, social anxiety, performance anxiety, school refusal, and hair pulling. Also treats depression, post-traumatic stress, crime and ac...

APEX COUNSELING CENTER

AGENCY: APEX COUNSELING CENTER

COUNSELING: Provides individual, couple, and family counseling. Also offers one-on-one substance abuse counseling, psychiatric assessments and medication management.
BLUE RIDGE BEHAVIORAL HEALTH SERVICES

AGENCY: BLUE RIDGE BEHAVIORAL HEALTH SERVICES

1) THERAPY: Offers individual, couple, and family therapy as well as social skills support groups. Therapy and treatment for but not limited to marital issues, anxiety disorders, depression, sexual abuse, post-traumatic stress disorders, and eating disorders. 2) PSYCHIATRY: Provides assessment and medication management for individuals with mental ill...

BROOK LANE OUTPATIENT PROGRAM

AGENCY: BROOK LANE

MENTAL HEALTH: Offers comprehensive mental health services for adults, children (ages 4 and up), and adolescents. Services include assessment, evaluation and medication management as well as individual therapy, marital therapy, and family therapy. Offers support, guidance, and intervention to develop coping skills, heal and move forward.

CATOCTIN COUNSELING CENTER

AGENCY: CATOCTIN COUNSELING CENTER

COUNSELING: Provides individual, family, couples, and adolescents counseling regarding various issues including but not limited to domestic violence, mental and sexual abuse, grief, trauma, and anger management. Offers batterers counseling, sex offender counseling, abuse survivor support groups, a substance abuse and chemical dependency program, DU...

CEDAR RIDGE COUNSELING CENTERS

AGENCY: CEDAR RIDGE COUNSELING CENTERS

COUNSELING AND OUTPATIENT MENTAL HEALTH: Offers a wide spectrum of therapy including individual, couples, marital, child/adolescent and family. Also offers psychological testing, parent education, employee assistance, school consultation, and substance abuse assessment and
Counseling.

**CENTER FOR MIND-BODY THERAPIES**

**AGENCY: CENTER FOR THE MIND-BODY THERAPIES INC.**

MENTAL HEALTH CARE: Focuses on integrating conventional mental health care with complimentary healing modalities such as acupuncture, massage, naturopathy, and medicine. Special emphasis is placed on teaching skills and practices that enhance awareness, relaxation, and psycho-spiritual growth.

**CHARLES COUNTY MENTAL HEALTH CENTER**

**AGENCY: CHARLES COUNTY DEPARTMENT OF HEALTH**

MENTAL HEALTH CENTER: Offers a comprehensive range of mental health services for adults, adolescents, children and seniors. - Counseling: Provides counseling for individuals and couples, play therapy and depression screening and treatment. Therapists also provide treatment for persons who have vision impairment, speech disorders and sustained traum...

**DIVORCE RESOURCE CENTER**

**AGENCY: DIVORCE RESOURCE CENTER**

OVERVIEW: Provides counseling for adults and adolescents from divorced homes; individual, couples, and family counseling. Also seen are persons for a variety of issues from age 10 to 100. An experienced clinician who also is trained in hypnosis, EMDR, as well as a number of other areas. Depression, anxiety, trauma, and dissociation are a few of man...

**BOWIE COUNSELING SERVICES**

**AGENCY: BOWIE COUNSELING SERVICES**

COUNSELING: Provides individual, couples, group and family counseling covering various topics...


to children, adolescents and adults. Offers treatment for traumatic events, survivor abuse, grief, loss, depression, anxiety, stress management, and assist with gender transitions. Medication management, anger management courses and evaluations are not pro...