WICOMICO COUNTY SENIOR CENTER

AGENCY: MARYLAND ACCESS POINT, LOWER SHORE

SENIOR CENTER: Offers a wide variety of arts and crafts activities, fitness and health education to maintain proper nutrition and social activities. Prepares a hot lunch for a $2.50 donation fee, but must be a part of the program. Walk-in donations are $5, and must notify staff by 10AM. Limited transportation is available for clients enrolled in th...

Baltimore City Health Department Division of Aging, Congregate Meals

AGENCY: BALTIMORE CITY HEALTH DEPARTMENT

Congregate Meals: Provides hot lunches at 52 Eating Together sites in Baltimore.

Benjamin Gaither Center

AGENCY: CITY OF GAITHERSBURG

Recreation: The center serves residents of Gaithersburg and the surrounding area by offering a variety of classes, trips, special events, activities, and a lunch program for those 55 years of age and better.

Harford County Senior Centers

AGENCY: HARFORD COUNTY OFFICE ON AGING

Senior Centers: Offers arts & crafts, physical fitness/exercise classes, educational classes and...
HARRY AND JEANETTE WEINBERG JEWISH COMMUNITY CENTER, CHILDREN & TEENS RECREATIONAL SERVICES

AGENCY: JEWISH COMMUNITY CENTER OF GREATER BALTIMORE

CHILDREN & TEENS RECREATIONAL SERVICES: Offers year-round social, swimming, art, crafts, recreational, sports and fitness activities, drama activities, preschool classes, infant/toddler care for children 3 months-24 months old, and after school care. Also offers numerous new programs for teens and summer camp activities.

HARRY AND JEANETTE WEINBERG JEWISH COMMUNITY CENTER, SPECIAL NEEDS PROGRAMS

AGENCY: JEWISH COMMUNITY CENTER OF GREATER BALTIMORE

SPECIAL NEEDS PROGRAMS: Offers social clubs for teens and young adults who are emotionally delayed and adults with emotional limitations. Offers Sunday Fun Day programs for school-age children with special needs, ages 5-15. Also offers an inclusion program for camps and after school programs.

CANTON BAPTIST CHURCH, CONGREGATE MEAL

AGENCY: CANTON BAPTIST CHURCH

CONGREGATE MEAL: Offers a congregate meal.

CUMBERLAND SENIOR CENTER, ALLEGANY COUNTY

AGENCY: ALLEGANY COUNTY HUMAN RESOURCES DEVELOPMENT COMMISSION

OVERVIEW: Provides services to senior citizens including congregate and home delivered meals, recreational activities, continuing education classes, health education and screenings as well as free seasonal tax preparation to qualified individuals. SERVICES: 1) TAX ASSISTANCE 2019; See.
DORCHESTER COUNTY SENIOR CENTER

AGENCY: MARYLAND ACCESS POINT, LOWER SHORE

SENIOR CENTERS: Offers 2 centers in Dorchester County for aging adults that offers recreational, field trips to local parks and events, health, fitness and social activities. A hot nutritious lunch is served daily to participants age 60 and older, there is a $2.50 donation for meal but no one will be denied lunch due to inability to pay. Round tri...

FROSTBURG SENIOR CENTER

AGENCY: ALLEGANY COUNTY HUMAN RESOURCES DEVELOPMENT COMMISSION

OVERVIEW: Provides services to senior citizens including congregate and home delivered meals, recreational activities, continuing education classes, health education and screenings as well as free seasonal tax preparation to qualified individuals. SERVICES: 1) TAX ASSISTANCE 2019: See separate listing. 2) CONGREGATE MEALS: Offered at the center Mon...

JEWSH COMMUNITY CENTER OF GREATER WASHINGTON

AGENCY: JEWISH COMMUNITY CENTER OF GREATER WASHINGTON

OVERVIEW: Provides recreation and physical activities for youth and adults. SERVICES: 1) AQUATICS DEPARTMENT: Swim and water fitness classes for all ages, including infants. 2) ART DEPARTMENT: Beginners’ painting, drawing, sculpting, ceramics, group and private instruction. 3) CAMPING SERVICES: Two and three week sessions for summer camps. Ages 4-15 ye.

MARYLAND ACCESS POINT, CAROLINE COUNTY

AGENCY: UPPER SHORE AGING

AGING & DISABILITY SUPPORT SERVICES: Offer assistance for older adults and individuals with disabilities in all areas of senior services. SERVICES: 1) ADULT DAY CARE: Offers a variety of services such as meals, social and recreational activities, transportation services, and case management. 2) HOME DELIVERY MEAL PROGRAM: Provides delivered meals to eligible seniors. Round tri...
MARYLAND ACCESS POINT, CALVERT COUNTY

AGENCY: CALVERT COUNTY OFFICE ON AGING

OVERVIEW: Offers assistance for seniors and individuals, 18 and older with disabilities. It is a statewide resource for information and assistance about long-term services and supports to allow individuals to remain at home and plan for future needs. SERVICES: The number of services may vary from county to county, but the services below should be...

MARYLAND DEPARTMENT OF AGING, NUTRITION PROGRAM FOR THE ELDERLY

AGENCY: MARYLAND DEPARTMENT OF AGING

SENIOR NUTRITION PROGRAM: Provides a listing of meal sites offering meals, nutrition education and counseling, and increased social interaction. Also refers home bound seniors or seniors unable to shop for food or prepare meals to Meals on Wheels.

AMY LYNN FERRIS ADULT ACTIVITY CENTER

AGENCY: UPPER SHORE AGING

OVERVIEW: Provides an environment where older adults can socialize and participate in group activities including recreation, day trips, education, physical fitness, arts and crafts. Help with Emergency assistance. Computer access is also offered. SERVICES: 1) TRANSPORTATION: Delmarva Community Transit provides round-trip transportation to the Senior Ce...

ANNE ARUNDEL COUNTY SENIOR CENTERS
AMNESTY COUNTY SENIOR CENTERS

AGENCY: ANNE ARUNDEL COUNTY DEPARTMENT OF AGING AND DISABILITIES
SENIOR CENTERS: Offers recreation, education, health and physical fitness, nutrition, social, transportation, and volunteer opportunities for individuals 55 and older. Also, offers congregate meals at 19 locations throughout Anne Arundel County.

HAMPDEN FAMILY CENTER, SENIOR ACTIVITIES

AGENCY: HAMPDEN FAMILY CENTER
SENIOR ACTIVITIES: Provides a luncheon and fitness class.

MARYLAND ACCESS POINT, TALBOT COUNTY

AGENCY: UPPER SHORE AGING
AGING & DISABILITY SUPPORT SERVICES: Offers assistance for older adults and individuals with disabilities. It is a statewide resource for information and assistance about long term services and supports to allow individuals to remain at home and plan for future needs. Aging & Disability Resource Center: Provides individuals who are seeking long...

NANJEMOY COMMUNITY CENTER, THE

AGENCY: CHARLES COUNTY DEPARTMENT OF COMMUNITY SERVICES
OVERVIEW: Acts as a community center with several recreational and educational programs, many of them for free or for a small fee.
RECREATIONAL/EDUCATIONAL SERVICES:
The center offers many recreational activities, classes, workshops and special events for children, teens, adults and seniors. Includes karate, basketball, holiday events, ...

WESTERNPORT SENIOR CENTER

AGENCY: ALLEGANY COUNTY HUMAN RESOURCES DEVELOPMENT COMMISSION
OVERVIEW: Provides services to senior citizens including congregate and home delivered meals, recreational activities, continuing education classes, health education and screenings as well as free seasonal tax preparation to qualified individuals.

SERVICES:
1) TAX ASSISTANCE 2018: See separate listing.
2) CONGREGATE MEALS: Offered at the center Mon-F...

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